PATRIMONY AND CULTURE

1 La Pente d'eau de Montech

Tourist office, 21 rue de l'usine, MONTECH Tél. +33 (0)5 63 64 16 32

As you stroll along by the side of the Canal, this remarkable site will surprise you by what is natural and by the technical which shows off inventiveness and man's enthusiasm. Be prepared to time-travel to find out more about these extraordinary machines.

www.pentedeaudemontech.fr



The Cistercian Abbey of Grandselve



This 12th century abbey was one of the wealthiest and most famous in the south. It was sold as 'national property' at the time of the Revolution, and the new owner was quick to demolish it and sell it stone by stone! The Friends of the Abbey tell this story during the guided tours of the site which take place every Sunday in summer.

www.abbayedegrandselve. fr



15 rue Jean de Comere GRISOLLES - Tél. +33 (0)5 63 02 83 06

Nestling in an 17th century half-timbered house, this tiny museum, home to traditional arts and crafts, has opened its doors to contemporary works a delicate balance between the old and the new.

www.museecalbet.com



(4) Coulom's brooms

65 chemin de Verdunenc - GRISOLLES Tél. +33 (0)6 21 02 02 22

For more than a century, Grisolles was the broom capital of France, and possibly of Europe. Jean Marc Coulom, the last broom-maker in Grisolles, inherited the 'know-how' allowing him to make a traditional broom that was 100 % occitan.

www.balaispaillecoulom.com

There are two trails which will help you to discover Grisolles and its brooms (for those older than 7).

https://grisolles.fr/ma-ville /jeux-et-parcours

(5) Traditional crafts Museum

5 Place de la Mairie - FINHAN Tél. +33 (0)6 32 03 24 26

Travel back in time to discover how our ancestors lived and worked.

6 The Wash Houses FINHAN - MONBEQUI - NOHIC

Authentic and original – restored and worth a detour.

7 A medieval town

VERDUN-SUR-GARONNE

Discover reminders of its rich historic past – the Tour de l'Horloge (XVIth century), ramparts (XIVth century) and its numerous half-timbered houses. History is just waiting for you.

8 Segonde'Art Trail

VERDUN-SUR-GARONNE

A true melting pot for a variety of art along the course of the Segonde: graphs, optical illusions, collages
Only accessible at certain times of year, so have boots and a pocket torch to hand.

The chapel of Saint John the Baptist

AUCAMVILLE (82)

This small chapel in mud bricks dates from 1713. They say that those with a fever used to go there on the feast of Saint John the Baptist, throw in a few coins and leave without looking back. They were cured. Magic!

WATER, NATURE AND ACTIVITIES

(10) Green' cycle-path

V80 Royan - Sète V85 Bressols - Bessières V87 Montluçon - Montech

Try out the 'green' paths well developed, good surface, safe and shady by cycle, on foot or on roller blades.

Plans available at the tourist office



11 The ENS (Espaces Naturels Sensibles) on the banks of the Garonne and the Tarn

Ile de Labreille - VERDUN-SUR-GARONNE / Mauvers - GRISOLLES / A Stroll for the Senses - BOURRET / Town centre - VILLEBRUMIER

These sensitive spaces are a paradise for flora and fauna – and for nature lovers; they are equally enjoyed by fishermen.

12 The forest of Agre/ forest of Montech

MONTECH

The Forest of Agre, which once stretched from Castelsarrasin to Grenade, is the most densely wooded space in Tarn-et-Garonne. This is a real 'green lung', good for walking and cycling.

(24) AOP Saint-Sardos

AOP Saint-Sardos cave coopérative SAINT-SARDOS

Tél. +33 (0)5 63 02 52 44

These vineyards were created more than 900 years ago by the monks of Grandselve at Bouillac. This 'appelation' offers surprising vintages, it's the only vineyard in France to blend Syrah and Tannat. Don't miss the Festival of Wine and 'Terroir' the first Sunday in August. A great time guaranteed for all!

cave-saint-sardos.com



Kayaking with Rand'Eau Leisure

BOURRET - Tél. +33 (0)6 85 47 72 47

If you get away from the beaten track, you'll find the Garonne is navigable, and magnificent. Take your time to watch the wild life, let yourself drift

with the current, land on the beaches so you can absorb the natural

www.randeau.net

environment.

(14) « Vivez Garonne! »

Rue des remparts VERDUN-SUR-GARONNE



Natural lovers, you can enjoy with your family and friends our culture, history, art, and walk path along the Garonne river. You can also discover the various wiking along the river and on the hills around.

Family and fun walk in Saint-Sardos

Departure : cave coopérative SAINT-SARDOS Tèl. +33 (0)5 63 02 52 44

Take a walk and have fun around the vineyard of gascon village of Saint-Sardos. This recreational activity is offered for children aged between 4 and 12 years old and their parent.

Booklets available at the tourist office

Escape Game at the Château de Boujac

427 Chemin de Boujac - CAMPSAS Tél. +33 (0)5 63 30 17 79 +33 (0)6 81 28 11 03

Shut in the 'chai' of this domaine which produces AOC Fronton, you have 45 minutes to solve all the puzzles, winkle out the clues and break the mysterious codes to reach your goal the answer to a well hidden family secret.

Open from April to August www.chateauboujac.com

So many things to savour if you visit the local markets and meet enthusiastic

You'll find a list of them on www.grandsud82.fr

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INSOLITES



DESTINATION

INSOLITE

Adventure playground and picnic area

VERDUN-SUR-GARONNE

Games made of wood, bird's nest swing, zip wire, roller blade track, sports pitches. A paradise for children. Take advantage of tables in the shade for your picnic.

18) Rinding stable

For enthusiasts, there are several centres that offer excursions on horseback or riding lessons. If you want an brand new experience, ride side-saddle like ladies of the Court, at the Chêne Roy stables at Saint-Sardos. At Mas Grenier in July discover the Festiberiques, a festival of dressage for all those who love this element of riding (Think Spanish Riding School!).

Booklets available at the tourist office

19 The port of Montech

Harbour area - MONTECH Tél. +33 (0)5 63 64 23 92

Not far from the historic town centre, enjoy these surroundings where there are moorings for all sorts of boats (barges large and small, sailing boats, catamarans, Dutch-built motor cruisers), not far from picnic tables, a restaurant, various playgrounds, a breath of holiday air.

Accrobranche with Agrip Aventure

D 928 - MONTECH Tel. +33 (0)6 78 29 24 40

You are guaranteed breathtaking sensations in the heart of the forest of Montech. Be as high as 16m from the ground in absolute safety rope bridges, zip wires, QUICK JUMP from 10m up, and lianas just like those Tarzan swings from.

www.agrip-aventure.fr

TOURIST OFFICE GRAND SUD TARN & GARONNE

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#TARN-ET-GARONNE
inattendu



WINE-GROWING AND 'TERROIR'

21) Le Rucher de Lauriol Locality Lauriol -MONTECH

Françoise and her husband, enthusiastic beekeepers and ever protective of biodiversity, propose a thorough immersion in the world of bees so that you can discover how they live, from the making of the honey right up to the time it goes into the jar.

www.lerucherdelauriol.com



22 The Joli Rouge brewery

109 chemin de la Lande CANALS Tél. +33 (0)5 63 65 10 29

This mini-brewery produces a varied range of beers in constant evolution.

Taste them in a rural setting and leave with an unusual souvenir – pirate beer!

23 L'AOP Fronton

Maison des Vins et du Tourisme (Fronton - FRONTON (31) Tél. +33 (0)5 61 82 46 33

Have you heard of the Negrette? This grape variety, very characteristic of AOP Fronton, gives to reds and rosés the fragrance of black fruit, blackcurrants or blackberries, flowers and spices. Find time to meet the producers. Unusual visits, walks through the vineyards and lots of other sorts of activities.

www.vins-ae-tronton.com

